

Supplementary Appendix

This appendix has been provided by the authors to give readers additional information about their work.

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Azithromycin for Prevention of COPD Exacerbations

Supplementary Appendix

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Collaborators

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Birmingham – WC Bailey, JAD Cooper (Co-PIs), MT Dransfield, LB Gerald, P O'Reilly (Investigators), S Tidwell (Coordinator). Grant HL074418. **University of California, San Francisco** – SC Lazarus (PI), HA Boushey, PG Woodruff (Investigators), M Birch, R Sakurai, K Schardein, M Dyjak, Nguyen (Coordinators). 1U10-HL074431. **University of Maryland, Baltimore** – SM Scharf (PI), M Alattar, P Amelung, M Cowan, J Hanson, J Hasday, A Iacono, C Shanholtz, N Todd, A Verceles (Investigators), T Fitzgerald, Bell-Farrell W, Wood P (Coordinators). Grant HL074441, GCRC Grant RR16500. **University of Michigan, Ann Arbor** – FJ Martinez (PI), JL Curtis, MK Han, KR Flaherty, T. Standiford, SE Gay, TE Sisson (Investigators), D Thompson, L McCloskey, M Christensen, D White (Coordinators). Grant HL074422. **University of Pittsburgh** – F Sciurba (PI), J Bon (Investigator), L Kniolek, M Pitaro, R Folger (Coordinators). Grant HL074439, GCRC Grant RR00056. **University of Minnesota (Data Coordinating Center)** – JE Connett (PI), NR Anthonisen (Steering Committee Chair), C Wendt (Co-PI), M Skeans, W Patrek, H Voelker, S Harnden (Coordinators). Grant 1U10- HL074424. **Data and Safety Monitoring Board** – BB Bender, SF Kelsey, JR Landis, B Phillips, GM Turino, R Veatch, A Waldo, C Champlin, A Wanner. **Protocol Review Committee** – HW Kelly, J Maurer AJ McSweeney, RM Senior, EA Thom, PD Wagner, RL ZuWallack. **NHLBI** – G Weinmann (Deputy Director, Division of Lung Diseases), T Croxton (Director, Airway Biology & Disease Program), A Punturieri (Program Officer), MP Stylianou (Biostatistician).

Section A. Race/Ethnicity Details (N, %)

| Race/Ethnicity | Azithromycin (N = 558) | Placebo (N = 559) |
|-----------------------|-----------------------------------|------------------------------|
| Other | 19 (3) | 22 (4) |
| Native American | 2 (0.4) | 2 (0.4) |
| Asian | 6 (1) | 4 (1) |
| Hispanic | 11 (2) | 14 (3) |
| Pacific Islander | 0 (0) | 2 (0.4) |

**Section B. Effect of GOLD Stage on the Rate of AECOPDs and on Having
to be Hospitalized for AECOPDs (mean \pm SD).**

| | Gold Stage | | |
|---|-------------------|-----------------|-----------------|
| | 2 | 3 | 4 |
| Azithromycin | | | |
| Patients (N) | 148 | 222 | 186 |
| Rate of AECOPD (/patient-year) | 1.02 \pm 0.15 | 1.53 \pm 0.13 | 1.75 \pm 0.17 |
| Rate of AECOPDs requiring hospitalization (/patient-year) | 0.50 \pm 0.12 | 0.85 \pm 0.12 | 0.74 \pm 0.12 |
| Control | | | |
| Patients (N) | 148 | 226 | 180 |
| Rate of AECOPD (/patient-year) | 1.68 \pm 0.16 | 1.75 \pm 0.13 | 2.05 \pm 0.28 |
| Rate of AECOPDs requiring hospitalization (/patient-year) | 0.65 \pm 0.11 | 0.96 \pm 0.12 | 1.03 \pm 0.27 |

Section C. St. George Respiratory Questionnaire Scores

| SGRQ Score* | Azithromycin | | Placebo | | P value |
|--|--------------|-----------------|---------|-----------------|---------|
| | N | Mean \pm SD | N | Mean \pm SD | |
| Enrollment | 556 | 50.9 \pm 16.4 | 555 | 50.1 \pm 16.4 | 0.381 |
| Six months | 484 | 47.7 \pm 16.3 | 483 | 48.1 \pm 16.4 | 0.657 |
| Twelve months | 444 | 46.8 \pm 16.7 | 453 | 48.0 \pm 17.8 | 0.289 |
| Δ enrollment - six months | 484 | -2.5 \pm 11.6 | 483 | -1.2 \pm 10.5 | 0.076 |
| Δ enrollment - twelve months | 444 | -2.8 \pm 12.1 | 453 | -0.6 \pm 11.4 | 0.006 |

Individual SGRQ Scale Scores at Enrollment and 12 Months (mean \pm SD)

| | Azithromycin | | | Placebo | | | P value |
|-------------|--------------------|--------------------|--------------------|--------------------|--------------------|--------------------|---------|
| SGRQ Scale* | Enrollment | 12 M | Δ | Enrollment | 12 M | Δ | |
| Symptoms | 61.1 \pm 19.7 | 54.1 \pm 21.3 | -7.0 \pm 17.9 | 59.9 \pm 19.7 | 56.2 \pm 21.1 | -3.7 \pm 16.5 | 0.005 |
| Impact | 34.5 \pm 18.0 | 32.4 \pm 18.1 | -2.1 \pm 14.3 | 34.1 \pm 18.2 | 34.1 \pm 19.4 | -0.0 \pm 13.8 | 0.024 |
| Activity | 69.5 \pm 19.0 | 67.9 \pm 20.4 | -1.6 \pm 14.9 | 67.6 20.2 | 67.8 \pm 21.6 | +0.2 \pm 14.3 | 0.076 |
| Total | 49.6 \pm 15.7 | 46.8 \pm 16.7 | -2.8 \pm 12.8 | 48.6 \pm 16.5 | 48.0 \pm 17.8 | -0.6 \pm 11.4 | 0.005 |

* Minimal clinically important difference = -4 units

Section D. SF-36 Scores (* = P < 0.05, Azithromycin vs. Placebo)

| | Start (Mean ± SD) | 6 Months (Mean ± SD) | 12 Months (Mean ± SD) |
|----------------------------|------------------------------------|---------------------------------------|--|
| Azithromycin | | | |
| Vitality | 47.1 ± 21.2 | 48.3 ± 21.1 | 46.9 ± 21.9 |
| Physical functioning | 36.5 ± 24.3 | 39.3 ± 25.8 | 38.4 ± 25.1 |
| Bodily pain | 68.3 ± 26.5 | 68.9 ± 26.2 | 68.7 ± 25.9 |
| General health perceptions | 40.1 ± 21.6 | 41.8 ± 20.9* | 41.1 ± 20.8 |
| Physical role functioning | 36.5 ± 24.3 | 39.3 ± 25.8 | 38.4 ± 25.1* |
| Emotional role functioning | 67.8 ± 40.5 | 66.5 ± 41.3 | 68.6 ± 41.5 |
| Social role functioning | 70.6 ± 26.0 | 71.7 ± 25.4 | 71.2 ± 26.5 |
| Mental health | 75.5 ± 18.2 | 75.9 ± 17.7 | 76.2 ± 18.1 |
| Aggregate physical score | -1.82 ± 0.97 | -1.69 ± 0.97 | -1.73 ± 0.97 |
| Aggregate mental score | 0.25 ± 1.01 | 0.21 ± 1.02 | 0.26 ± 1.06 |
| Placebo | | | |
| Vitality | 47.9 ± 20.5 | 46.9 ± 20.8 | 48.6 ± 22.0 |
| Physical functioning | 37.5 ± 23.2 | 38.6 ± 24.1 | 38.4 ± 25.5 |
| Bodily pain | 69.2 ± 26.8 | 69.1 ± 26.0 | 69.4 ± 26.8 |
| General health perceptions | 39.7 ± 20.1 | 39.1 ± 20.3 | 39.5 ± 21.1 |
| Physical role functioning | 35.5 ± 39.3 | 41.4 ± 41.0 | 40.4 ± 41.4 |
| Emotional role functioning | 67.6 ± 41.5 | 68.3 ± 41.5 | 69.7 ± 40.1 |
| Social role functioning | 69.8 ± 27.3 | 70.8 ± 26.9 | 70.1 ± 26.7 |
| Mental health | 74.2 ± 18.4 | 75.2 ± 18.0 | 75.8 ± 18.4 |

| | | | |
|--------------------------|-------------|--------------|--------------|
| Aggregate physical score | -1.75± 0.95 | -1.70 ± 0.98 | -1.72 ± 0.99 |
| Aggregate mental score | 0.19 ± 1.09 | 0.18 ± 1.02 | 0.23 ± 1.06 |

Section E. Inhaler Use on Enrollment and at 12 Months

| | Enrollment (%) | 12 Months (%) |
|---------------------|-------------------|------------------|
| Azithromycin | | |
| Any ICS | 74.7 | 76.0 |
| Any LABA | 75.6 | 76.9 |
| Any LAMA | 64.9 | 66.2 |
| Placebo | | |
| Any ICS | 79.3 | 78.9 |
| Any LABA | 73.6 | 77.4 |
| Any LAMA | 62.9 | 64.8 |

All P > 0.10

Section F. Effect of Study Drug on Hearing

| Interval | Group | N | Mean Δ db (SD) | 95% CI | P Value |
|---|--------------|-----|-----------------------|------------|---------|
| Enrollment to 3 rd month | Azithromycin | 512 | -0.7 (4.1) | -1.0, -0.3 | |
| | Placebo | 513 | -0.0 (4.2) | -0.4, 0.4 | 0.011 |
| Enrollment to 12 th month | Azithromycin | 420 | -1.2 (4.2) | -1.6, -0.8 | |
| | Placebo | 426 | -0.9 (4./1) | -1.3, -0.5 | 0.25 |
| 3 rd to 12 th month | Azithromycin | 411 | -0.6 (4.2) | -1.0, -0.2 | |
| | Placebo | 417 | -1.0 (4.3) | -1.4, -0.6 | 0.18 |

Section G. Nasopharyngeal Colonization and Macrolide Resistance

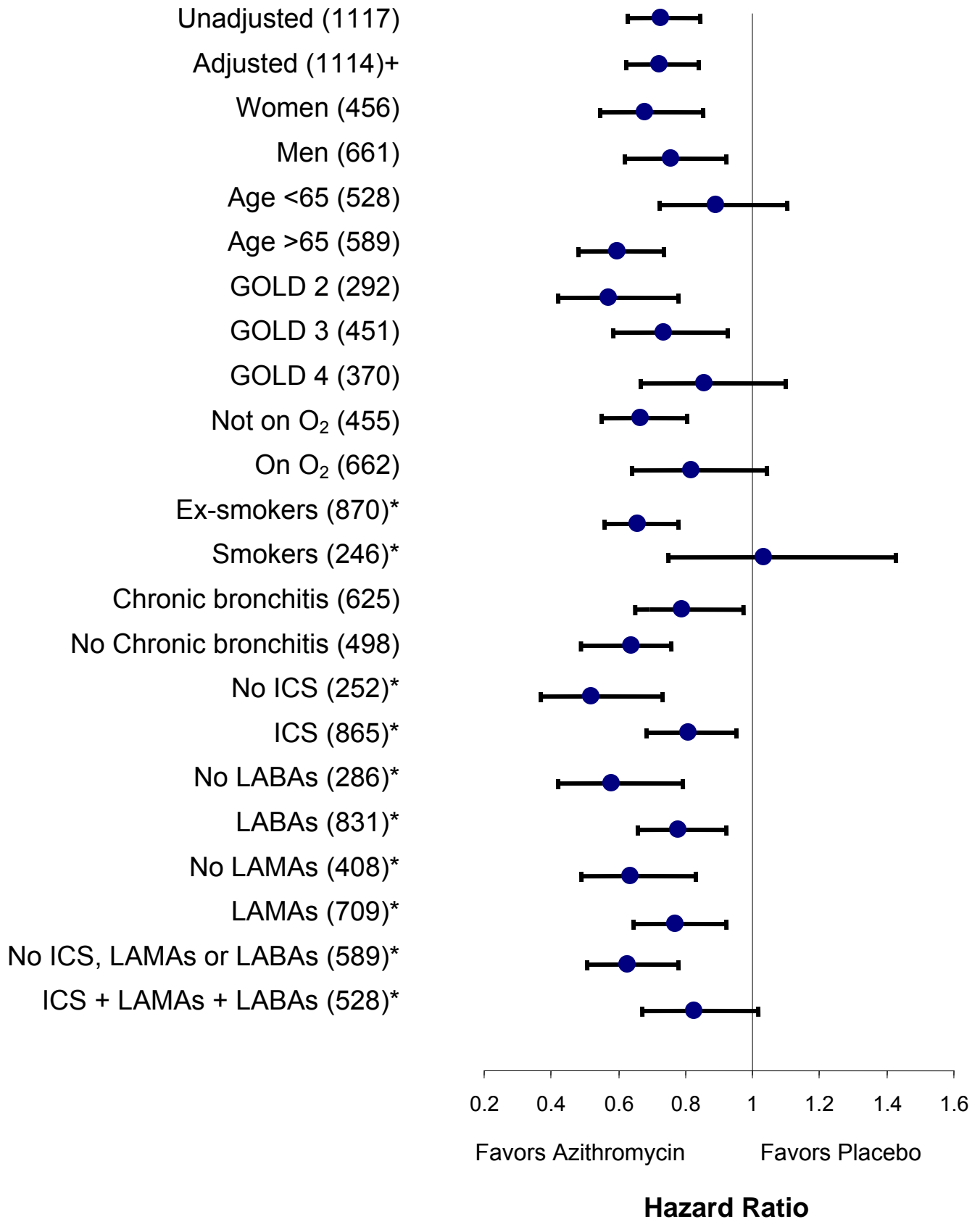
| | Azithromycin | | Placebo | |
|-------------------------------|--------------------------------|---|---------------------------------|---|
| | Patients Colonized N (%) | Macrolide Resistant N resistant/ N tested (%) | Patients Colonized (N, %) | Macrolide Resistant N resistant/ N tested (%) |
| On enrollment | | | | |
| S. aureus | 60 (10.7) | 16/35 (46) | 71 (12.7) | 23/37 (62) |
| S. pneumoniae | 6 (1.1) | 1/2 (50) | 6 (1.1) | 3/7 (43) |
| Hemophilus spp | 0 (0) | 3/4 (75) | 0 (0) | 2/3 (67) |
| Moraxella spp | 13 (2.3) | 3/3 (100) | 6 (1.0) | 0/2 (0) |
| Total | 79 (14.1) | 23/44 (52) | 83 (14.8) | 28/49 (57) |
| During course of study | | | | |
| S. aureus | 59 (10.6) | 34/41 (83) | 127 (22.7) | 30/87 (34) |
| S. pneumoniae | 6 (1.1) | 2/2 (100) | 15 (1.8) | 2/4 (50) |
| Hemophilus spp. | 1 (0.2) | 2/3 (67) | 3 (0.5) | 5/7 (71) |
| Moraxella spp | 0 (0) | 0/1 (0) | 27 (5.8) | 7/10 (70) |
| Total | 66 (11.9) | 38/47 (81) | 172 (30.8) | 44/108 (41) |

**Section H. Serious Adverse Events and Adverse Events Resulting in Study
Drug Discontinuation.**

| | Serious Adverse Events, N | | | Adverse Events Leading to Drug Discontinuation, N | | |
|-----------------------------|---------------------------|---------|------------|--|---------|------------|
| | Azithromycin | Placebo | P value | Azithromycin | Placebo | P value |
| Non-Fatal | | | | | | |
| Pneumonia | 26 | 41 | 0.11 | | | |
| Neoplasm | 6 | 8 | 0.62 | 0 | 3 | 0.25 |
| GI tract | 15 | 21 | 0.38 | 11 | 6 | 0.23 |
| QTc prolongation | 1 | 2 | 0.57 | 6 | 4 | 0.55 |
| Other cardiovascular | 29 | 33 | 0.68 | | | |
| Other | 107 | 107 | 0.97 | | | |
| Total, Non-fatal | 184 | 212 | 0.29 | | | |
| Fatal (death prior to 12 M) | | | | | | |
| COPD | 10 | 7 | 0.48 | | | |
| Cardiovascular | 1 | 1 | 1.00 | | | |
| Neoplasm | 1 | 5 | 0.09 | | | |
| Other | 0 | 2 | 0.50 | | | |
| Unknown | 6 | 5 | 0.77 | | | |
| Total, Fatal | 18 | 20 | 0.87 | | | |
| Hearing decrement | | | | 142 | 110 | 0.04 |
| Tinnitus | | | | 4 | 4 | 1.00 |

| | | | | | | |
|--|--|--|--|-----|-----|------|
| Allergic reactions | | | | 5 | 8 | 0.58 |
| Abnormal lab tests | | | | 4 | 3 | 0.73 |
| Other | | | | 10 | 17 | 0.24 |
| Total (adverse events leading to discontinuation) | | | | 182 | 155 | 0.14 |

Section I. Subgroup analyses (total number performed = 22)



The endpoint assessed in all subgroup analyses in the forest plot was time to first AECOPD. Interactions of the treatment with the factors defining the subgroups were assessed using interaction terms in Cox regressions. The specific interactions tested were:

| Interaction | P value | Description |
|---------------------------------------|----------------|-------------------------------|
| Azithromycin * age (< 65 vs ≥ 65) | P = 0.012 | Older = more effect |
| Azithromycin * COPD Hospitalizations | P = 0.053 | Hospitalization = less effect |
| Azithromycin * Gender | P = 0.550 | |
| Azithromycin * Smoking at enrollment | P = 0.012 | Smokers = less effect |
| Azithromycin * FEV1 (% pred) | P = 0.234 | |
| Azithromycin* Gold Class | P = 0.164 | |
| Azithromycin * Steroid use past year | P = 0.074 | Steroid use = less effect |
| Azithromycin * ICS use at enrollment | P = 0.032 | ICS use = less effect |
| Azithromycin * LABA use at enrollment | P = 0.201 | |
| Azithromycin * LAMA use at enrollment | P = 0.299 | |

All subgroup analyses were prespecified. All had sample sizes that were much smaller than that of the total patient population. The confidence intervals shown in the Figure are not adjusted for multiple comparisons. Accordingly, the putative effects of treatment group in the subgroups indicated may represent false positives. Given that 19 analyses were carried out, if the null hypothesis was in fact true for each, and if the comparisons were all independent, there is a 62% chance that at least one of the 22 analyses would have yielded a result

significant at the 0.05 level. Accordingly, while some of these hazard ratios suggest potentially important differences in azithromycin effectiveness in various subgroups, we believe they do not provide sufficient rationale for guiding treatment in any of the subgroups without additional studies designed to assess these differences specifically.